

Seniors Active Living Centre Programs in Ontario

Helping seniors stay active, healthy and
socially engaged in their communities

Quick facts

316

programs
across Ontario

Approximately

440,000

seniors are expected to
take part in programs
in 2024-25

Programs include:

- social activities
- learning and educational opportunities
- recreational programming
- arts and culture programs
- online video sessions

To find a Seniors Active Living Centre program in your community:

- visit ontario.ca/SeniorsCentre
- contact your municipality
- call 2-1-1

Additional facts

- Ontario has invested approximately \$15 million in the Seniors Active Living Centre Program and is funding up to \$6 million in the Seniors Community Grant Program in 2024-25.
- Following a Call for Proposals in 2023, 17 new Seniors Active Living Centre programs received funding.
- Recent changes to the [Seniors Active Living Centres Act, 2017](#), now make it easier for service clubs and organizations, such as Legions and Lions Clubs, and other local and community-based groups to deliver Seniors Active Living Centre programs.

Follow us on social  [@SeniorsON](#)  [@SeniorsOntario](#)  [@Seniors and Accessibility](#)